



LONG ISLAND
Health
COLLABORATIVE
connecting you to better health

September 26, 2024
Quarterly Virtual Meeting

Welcome & Introductions

Thank you for joining us!

Please introduce yourself and tell the group what organization you represent.



Today's Meeting Agenda

- **Welcome & Introductions**
- **LIHC Updates**
 - LIHC Member Spotlight: MindArch Health
 - Core Cluster Update
 - Poverty Simulation
- **Featured Presentation: The Inflation Reduction Act and Medicare Updates**
by Frank M. Winter, Partnership Manager, New York Regional Office of External Affairs, Centers for Medicare & Medicaid Services
- **LIHC Updates Continued**
 - CHNA/CHA Work Group Update
 - Research Project Discussion
 - Ongoing Engagement
 - Future Meetings
- **Discussion**
- **Adjournment**

LIHC Updates

LIHC Member Spotlight:



Nadine Wilches, LCSW

CEO & Founder at MindArch Health

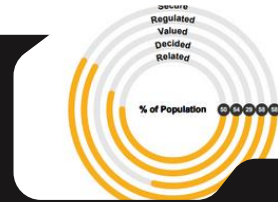
Visit us at mindarchhealth.com | Text us at 631-339-0852

MindArch Health's MAP Software Solution delivers a practical, applicable, manageable and effective method of evaluating the population's mental health and resiliency to stress to produce a proactive population mental health preventive implementation plan. This plan will allow the organization to plan targeted solutions for reducing risk of mental and behavioral health problems for those most at risk.

Key Benefits

- **Reduced burden** on crisis supports and mental healthcare providers allows people to get the help they need.
- **Tailored points of intervention** optimize limited resources and provide a clear preventive strategy
- **Validated solutions** allows organizations to quantify their impact on mental wellbeing
- **Improved mental wellbeing** reduces risk of disease and disorder resulting in better mood, behavior and cognition.

Supporting Schools, Colleges and Community Health Organizations



Our Approach

- Evidence-based 5-Elements Framework
- Data-driven decision-making
- Research-based EQUIP Model
- Participatory planning
- Emphasis on prevention



Our Technology

- Identifies at-risk populations
- Assesses psychological health and resilience
- Recommends tailored interventions
- Supports implementation of systemic strategies
- Produces a Sustainable Population Mental Health Plan



Our Impact

- Identifies population mental wellbeing needs
- Measures the effectiveness of current and new wellbeing interventions
- Reduced risk factors for mental health issues

LIHC Updates

Core Clusters

- Updates from each group
- Next bi-monthly meetings in November to be scheduled
 - Mental Health
 - Chronic Disease
 - Cultural Competency/Health Literacy
- Interested in joining a cluster? Email boliveri@nshc.org and you will be added to the list(s)!



LIHC Updates

Poverty Simulation for CBO Leaders, Admins, and All!

- Friday, November 15 @ 8:30 AM
Nassau Community College
- In partnership with:
 - Nassau County Department of Health
 - Suffolk County Department of Health
 - Choice for All
 - Nassau Community College



LONG ISLAND Health COLLABORATIVE
connecting you to better health

SUFFOLK COUNTY
STATE OF NEW YORK

NASSAU COUNTY
STATE OF NEW YORK

choice
FOR ALL

POVERTY SIMULATION

The **Community Action Poverty Simulation** offers participants an immersive experience that sheds light on the social, emotional, and economic struggles faced by individuals living in poverty. By simulating the complexities of managing limited resources, **participants gain valuable insights that can significantly impact their approach to patient care and client services.**

8:30 AM: Networking & breakfast
9:15 AM: Start time
12:15 PM: Discussion

NCC
NASSAU COMMUNITY COLLEGE

At Nassau Community College in the CCB Building
1 Education Drive Garden City, NY 11530

FRI, NOV 15



Scan QR code or [click here to register](#)

Who should attend?
Anyone looking to gain insight into the struggles faced by individuals living in poverty. Community-based organization leaders/staff, social service providers, healthcare providers/staff, students. **Administrators, senior leaders, and decision-makers are especially encouraged to attend.**

Featured Presentation

The Inflation Reduction Act and Medicare Updates

Frank M. Winter

Partnership Manager

New York Regional Office of External Affairs, Centers for Medicare & Medicaid Services



LHC Updates

New Prevention Agenda Cycle (2025 – 2030) Update

- Public Health and Health Planning Council (PHHPC) adopted new framework at their September meeting.
- Workgroups for the five SDH Domain areas to meet Oct and Nov, mapping out interventions, guidance.
- Early December PHHPC reviews workgroup suggestions/guidance, approves and releases to hospitals and LHDs.

LIHC Updates

NYS Prevention Agenda 2025- 2030 Updates

Overall and generally:

- New report template better defines sections, some in greater detail; some now stand-alone sections; components reordered; some new nuances
- Self-Assessment Checklist, Appendix A, included with submission (new)
- Selected priorities are not called for until further into the report; select 3
- State working on updated Excel Workplan
- Chart within report template helps:
 - Direct priority selection
 - Instruct use of measurable SMARTIE objectives with at least one indicator for each priority
- Greater emphasis on health equity
 - Specifically delineating disparate populations
 - Strategies to reduce the disparities/inequities
 - Description of how resources will be allocated to populations of greatest need

LIHC Updates

New PA Priorities

- Select 3 from list of 24, informed by CHNA/CHA findings
- Derived from the five social determinant of health domains from Healthy People 2030

Vision	Every individual in New York State has the opportunity, regardless of background or circumstances, to attain their highest level of health across the lifespan
Foundations	<p>Health Equity</p> <p>Prevention Across the Lifespan</p> <p>Health Across All Policies</p> <p>Local Collaboration-Building</p>
Domain	Priorities
Economic Stability	<p>Economic Wellbeing</p> <p><input type="checkbox"/> Poverty</p> <p><input type="checkbox"/> Unemployment</p> <p><input type="checkbox"/> Nutrition Security</p> <p><input type="checkbox"/> Housing Stability and Affordability</p>
Social and Community Context	<p>Mental Wellbeing and Substance Use</p> <p><input type="checkbox"/> Anxiety and Stress</p> <p><input type="checkbox"/> Suicide</p> <p><input type="checkbox"/> Depression</p> <p><input type="checkbox"/> Drug Misuse and Overdose Including Primary Prevention</p> <p><input type="checkbox"/> Tobacco/ E-cigarette Use</p> <p><input type="checkbox"/> Alcohol Use</p> <p><input type="checkbox"/> Adverse Childhood Experiences</p> <p><input type="checkbox"/> Healthy Eating</p>
Neighborhood and Built Environment	<p>Safe and Healthy Communities</p> <p><input type="checkbox"/> Opportunities For Active Transportation and Physical Activity</p> <p><input type="checkbox"/> Access to Community Services and Support</p> <p><input type="checkbox"/> Injuries and Violence</p>
Health Care Access and Quality	<p>Health Insurance Coverage and Access to Care</p> <p><input type="checkbox"/> Access to and Use of Prenatal Care</p> <p><input type="checkbox"/> Prevention of Infant and Maternal Mortality</p> <p><input type="checkbox"/> Preventive Services for Chronic Disease Prevention and Control</p> <p><input type="checkbox"/> Oral Health Care (e.g., routine preventive care, community water fluoridation, dental sealants, and access to dental services for Medicaid covered population)</p> <p>Healthy Children</p> <p><input type="checkbox"/> Preventive Services (e.g.; immunization, hearing screening and follow up, and lead screening)</p> <p><input type="checkbox"/> Early Intervention</p> <p><input type="checkbox"/> Childhood Behavioral Health</p>
Education Access and Quality	<p>PreK-12 Student Success And Educational Attainment</p> <p><input type="checkbox"/> Health and Wellness Promoting Schools (e.g.; timely immunization, healthy school meals, social emotional learning, and counselling and mentoring including avoidance risky substances)</p> <p><input type="checkbox"/> Opportunities for Continued Education (e.g.; high school completion programs, transitional and vocational programs, literacy initiatives, and reskilling and retraining programs)</p>

LIHC Updates

2025 CHNA/CHA Workgroup Update

- Group to reconvene in October
- Date options:
- <https://calendly.com/d/cqbw-697-7y8/lihc-chna-cha-work-group-meeting>



LIHC Updates

Current Prevention Agenda Cycle (2019 – 2024) Update

- State's Excel workplan completed and due by 12/31/24.
- Capture 2023 and 2024 data updates.
- LIHC provides limited data updates taken from social media metrics, walks held, pre and post data analyses.
- Metrics emailed to LIHC members mid/late November.

LIHC Updates

Research Project Update

- To revisit with a vote at December meeting to hopefully embark on a 2025 research project

Ongoing Engagement

Community Health Assessment Survey Promotion

- English: <https://www.surveymonkey.com/r/LICHASENG>
- Spanish: <https://es.surveymonkey.com/r/LICHASESP>
- LIHC is still boosting links on social media
- Please distribute links, QR codes and/or paper copies at:
 - Digital newsletters
 - Outreach events
 - Social media
 - Etc.
- All CHAS surveys, links, social media posts, and printable QR code signs are available in a Toolkit via [Google Drive](#)
- **IF YOU CANNOT ACCESS GOOGLE DRIVE**, please email boliveri@nshc.org to request the CHAS Toolkit materials directly via email

Ongoing Engagement

Collaborative Communications

- Bi-weekly email newsletter to 400+ contacts
- Submit your free events, resources, jobs, and more to boliveri@nshc.org
- [Subscribe to Collaborative Communications](#)

LIHC Events Calendar

- Submit your events [here](#)

Walk with a Doc / Walk Safe with a Doc

- Opportunity to partner
- LIHC handles coordination, just asks for your efforts to co-promote

Ongoing Engagement

Upcoming Walks

- Allow us to schedule a walk for your organization, or led by one of your physicians! Email boliveri@nshc.org to coordinate



walk WITH a DOC Walk with a Doc:
Hempstead Lake State Park

Presented by  **Health COLLABORATIVE**
connecting you to better health

Sponsored by  **AARP**
Long Island



SAT, OCT 26, 2024
10:00 AM at Hempstead Lake State Park

Led by
Gerard A. Baltazar, DO
NYU Langone Health

Walkers park in Field 1 and meet at Environmental Education and Resiliency Center

 **Join Dr. Baltazar for Walk with a Doc!**
Dr. Gerard Baltazar of NYU Langone Health will discuss how the simple act of walking can exponentially improve our mental and physical health before leading attendees on a brief route through beautiful Hempstead Lake State Park where you can walk and talk with Dr. Baltazar.

 **TO REGISTER:**
Click here
or scan QR code.

CONTACT US
631-963-4167 | lihc@nshc.org
lihealthcollab.org

Future 2024 Meetings

- Virtual quarterly meetings to continue for the time being, registration links on [LIHC website](#)
 - Thursday, December 5, 2024
9:30-11:30 AM
[Register Here](#)



Discussion



Adjournment

Thank you!

www.lihealthcollab.org

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