

Long Island Health Collaborative CBO Survey Summary of Findings

Methodology:

Surveys were distributed electronically via Survey Monkey to community-based organization leaders. Data was collected December 1st 2021 - January 15th 2022. Survey responses were downloaded from Survey Monkey on March 12th, 2022. For questions prompting a maximum of five choices, the first five selected are included in the analysis. For the open-ended question “6”, key words/codes were selected, entered in the Excel search function and resulted in a tally for number of times they appeared in the responses. This method revealed top three key themes. 44 surveys were collected; 25 for Suffolk County, 10 for Nassau County and 9 with no location specified.

Analysis Results:

1. When asked “***What are the biggest health problems for the people/community you serve?***” (Maximum of 5 choices):

2022 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	Mental Health	16/25	Drugs and Alcohol Abuse	6/10
2	Drugs and Alcohol Abuse	14/25	Obesity and Weight Loss	5/10
3	Cancer	11/25	Nutrition/Eating Habits	5/10
4	Women’s Health/Wellness	8/25	Mental Health	4/10
5	Care for the Elderly	8/25	Women’s Health/Wellness	4/10

2. When asked “***What would be most helpful to improve the health problems of the people/community you serve?***” (Maximum of 5 choices):

2022 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	Mental Health Services	18/25	Access to Healthier Food Choices	7/10
2	Drug and Alcohol Services	14/25	Mental Health Services	6/10
3	Health Education Programs	14/25	Affordable Housing	6/10
4	Affordable Housing	11/25	Transportation	5/10
5	Access to Healthier Food	8/25	Health Education Programs	5/10

3. When asked **“Do any people/communities you serve in Suffolk have problems getting needed health care? If yes, what do you think the reasons are?”** For Suffolk, 14 out of 25 answered **“Yes”** and the remainder answered **“No”**. For Nassau, 7 out of 10 answered **“Yes”** and the remainder answered **“No”** (Maximum of 5 choices).:

2022 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	No Insurance/Unable to Pay for Healthcare	13/14	Misinformation/Health Illiteracy	6/7
2	Misinformation/Health Illiteracy	10/14	Transportation	5/7
3	Language Barriers	8/14	No Insurance/Unable to Pay for Healthcare	5/7
4	Transportation	7/14	Language Barriers	5/7
5	Unable to Pay Copays/Deductibles	7/14	Fear/Hesitancy	4/7

4. When asked **“What health issues do the people/community you serve need education about?”** (Maximum of 5):

2022 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	Mental Health/Depression	15/25	Chronic Disease Management	7/10
2	Substance Misuse	11/25	Blood Pressure	6/10
3	Blood Pressure	11/25	Mental Health/Depression	5/10
4	Chronic Disease Management	9/25	Food Security	4/10
5	Suicide Prevention	7/25	Exercise/Physical Activity	3/10

5. When asked **“Where do the people/community you serve get most of their health information?”**

2022 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	Family or Friends	22/25	Family or Friends	9/10
2	Internet	20/25	Internet	8/10
3	Facebook/Twitter	16/25	Church Group	8/10
4	Doctor/Healthcare Provider	16/25	Doctor/Healthcare Provider	5/10
5	Television	15/25	Facebook/Twitter	4/10

6. When asked ***“What do you think makes a community healthy?”*** (Open ended; summarized below).

“Access”, “Communication” and “Education” were the three most common themes for both the Nassau and Suffolk respondents. Access to healthcare (such as health insurance and transportation), communication (such as doctor-patient relationships and more community programs) and more available online resources to educate oneself and improve health literacy were the most pressing matters to responders.

7. When asked ***“How would you rate the health of the people/community you serve?”***:

2022 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	Somewhat Healthy	12/25	Somewhat Healthy	8/10
2	Healthy	7/25	Unhealthy	2/10
3	Unhealthy	3/25	Healthy	0/10
4	Very Unhealthy	3/25	Very Unhealthy	0/10

8. When asked ***“What types of health screenings and/or services are needed to keep people healthy in the community you serve?”*** (Maximum of 5 choices):

2022 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	Mental Health/Depression	12/25	Blood Pressure	8/10
2	Substance Misuse	9/25	Chronic Disease Management	8/10
3	Eating Disorders	8/25	Mental Health/Depression	6/10
4	Chronic Disease Management	7/25	Exercise/Physical Activity	5/10
5	Suicide Prevention	7/25	Heart Disease	4/10

About the Long Island Health Collaborative

The Long Island Health Collaborative is a partnership of Long Island's hospitals, county health departments, physicians, health providers, community-based health and social service organizations, human service organizations, academic institutions, health plans, local government, and the business sector, all engaged in improving the health of Long Islanders. The initiatives of the LIHC are overseen by the Nassau-Suffolk Hospital Council.

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HEALTH SURVEY FOR ORGANIZATIONS AND AGENCIES

The county health departments (Nassau and Suffolk), local hospitals, and other community partners are in the process of deciding what health problems we will focus on for the next few years. We would like to find out **what problems are vital to the persons and community you provide care/services to**. We will use these results, along with other information, to plan to improve the health of persons in Nassau and Suffolk counties. Please give us your input by filling this out and sending it back by mail or email. **Or, complete the survey online (preferred method) through this link (insert link)**. The return information is listed at the end of this survey. Thank you.

1. What are the biggest health problems for the people/community you serve? (Please check up to 5)

- | | | |
|---|--|--|
| <input type="checkbox"/> Access to vaccinations | <input type="checkbox"/> HIV/AIDS & Sexually Transmitted Diseases (STDs) | <input type="checkbox"/> Smoking/Tobacco use |
| <input type="checkbox"/> Asthma/lung disease | <input type="checkbox"/> Infections | <input type="checkbox"/> Teen pregnancy |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Preventable Injuries | <input type="checkbox"/> Violence |
| <input type="checkbox"/> Care for the elderly | <input type="checkbox"/> Car crashes | <input type="checkbox"/> In the home or between partners |
| <input type="checkbox"/> Child health & wellness | <input type="checkbox"/> Pedestrian injuries | <input type="checkbox"/> Guns |
| <input type="checkbox"/> Memory loss | <input type="checkbox"/> Other: _____ | <input type="checkbox"/> Murders |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Mental health (including depression & suicide) | <input type="checkbox"/> Rape |
| <input type="checkbox"/> Drugs & alcohol abuse | <input type="checkbox"/> Nutrition / eating habits | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Environmental problems (water, pollution, air, etc.) | <input type="checkbox"/> Obesity/weight loss issues | <input type="checkbox"/> Women's health & wellness |
| <input type="checkbox"/> Falls in the elderly | <input type="checkbox"/> Premature births | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Heart disease & stroke | | |

2. What would be most helpful to improve the health problems of the people/community you serve? (Please check up to 5)

- | | | |
|---|--|--|
| <input type="checkbox"/> Access to healthier food | <input type="checkbox"/> Health education programs | <input type="checkbox"/> Safer places to walk/play |
| <input type="checkbox"/> Affordable housing | <input type="checkbox"/> Health screenings | <input type="checkbox"/> Safer work place |
| <input type="checkbox"/> Better schools | <input type="checkbox"/> Home care options | <input type="checkbox"/> Transportation |
| <input type="checkbox"/> Breastfeeding | <input type="checkbox"/> Insurance enrollment programs | <input type="checkbox"/> Weight loss programs |
| <input type="checkbox"/> Clean air & water | <input type="checkbox"/> Job opportunities | <input type="checkbox"/> Other (please specify) |
| <input type="checkbox"/> Drug & alcohol services | <input type="checkbox"/> Mental health services | _____ |
| <input type="checkbox"/> More grocery stores | <input type="checkbox"/> Parks and recreation | |
| <input type="checkbox"/> Farmers markets | <input type="checkbox"/> Safer childcare options | |

3. Do any people/communities you serve have problems getting needed health care?

- Yes (if 'yes', please answer question #4) No

4. If you answered 'yes' to question #3, what do you think the reasons are? (Please check up to 5)

- | | | |
|---|--|--|
| <input type="checkbox"/> Cultural/religious beliefs | <input type="checkbox"/> Lack of availability of doctors | <input type="checkbox"/> Unable to pay co-pays/deductibles |
| <input type="checkbox"/> Don't know how to find doctors | <input type="checkbox"/> Language barriers | <input type="checkbox"/> Other (please specify) |
| <input type="checkbox"/> Don't understand need to see a doctor | <input type="checkbox"/> No insurance and unable to pay for the care | _____ |
| <input type="checkbox"/> Fear (e.g. not ready to face/discuss health problem) | <input type="checkbox"/> Transportation | |

5. What types of health screenings and/or services are needed to keep people healthy in the community you provide care to? (Check up to 5)

- | | | |
|--|--|--|
| <input type="checkbox"/> Blood pressure | <input type="checkbox"/> Emergency preparedness | <input type="checkbox"/> Nutrition |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Exercise/physical activity | <input type="checkbox"/> Prenatal care |
| <input type="checkbox"/> Cholesterol (fats in the blood) | <input type="checkbox"/> Falls prevention in the elderly | <input type="checkbox"/> Quitting smoking |
| <input type="checkbox"/> Dental screenings | <input type="checkbox"/> Heart disease | <input type="checkbox"/> Suicide prevention |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> HIV/AIDS & STDs | <input type="checkbox"/> Vaccination/immunizations |
| <input type="checkbox"/> Disease outbreak prevention | <input type="checkbox"/> Routine well checkups | <input type="checkbox"/> Weight loss help |
| <input type="checkbox"/> Drug and alcohol | <input type="checkbox"/> Memory loss | <input type="checkbox"/> Other (please specify) |
| <input type="checkbox"/> Eating disorders | <input type="checkbox"/> Mental health/depression | _____ |

6. What health issues do the people/community you provide care need education about? (Please check up to 5)

- | | | |
|--|--|--|
| <input type="checkbox"/> Blood pressure | <input type="checkbox"/> Eating disorders | <input type="checkbox"/> Mental health/depression |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Emergency preparedness | <input type="checkbox"/> Nutrition |
| <input type="checkbox"/> Cholesterol | <input type="checkbox"/> Exercise/physical activity | <input type="checkbox"/> Prenatal care |
| <input type="checkbox"/> Dental screenings | <input type="checkbox"/> Falls prevention in the elderly | <input type="checkbox"/> Suicide prevention |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart disease | <input type="checkbox"/> Vaccination/immunizations |
| <input type="checkbox"/> Disease outbreak prevention | <input type="checkbox"/> HIV/AIDS & STDs | <input type="checkbox"/> Quit smoking |
| <input type="checkbox"/> Drug and alcohol | <input type="checkbox"/> Routine well checkups | <input type="checkbox"/> Other (please specify) |

7. Where do the people/community you provide care to get most of their health information? (Check all that apply)

- | | | |
|--|--|---|
| <input type="checkbox"/> Doctor/health care provider | <input type="checkbox"/> Library | <input type="checkbox"/> TV |
| <input type="checkbox"/> Facebook or twitter | <input type="checkbox"/> Newspaper/magazines | <input type="checkbox"/> Worksite |
| <input type="checkbox"/> Family or friends | <input type="checkbox"/> Other social media | <input type="checkbox"/> Other (please specify) |
| <input type="checkbox"/> Health Department | <input type="checkbox"/> Radio | _____ |
| <input type="checkbox"/> Hospital | <input type="checkbox"/> Church group | |
| <input type="checkbox"/> Internet | <input type="checkbox"/> School or college | |

8. What do you think makes a community healthy? _____

9. How would you rate the health of the people/community you provide care to?

- Very healthy Healthy Somewhat healthy Unhealthy Very unhealthy

If you are able, please complete the following:

Your organization: _____

How old are you? : _____

Where did you receive this survey: _____

ZIP code or Town where you work: _____

What is your sex: Male Female

Are you Hispanic or Latino? Yes No

What race do you consider yourself?

- | | | |
|---|--|---|
| <input type="checkbox"/> White | <input type="checkbox"/> Asian/Pacific | <input type="checkbox"/> Native American |
| <input type="checkbox"/> Black/African American | Islander | <input type="checkbox"/> Other (please specify) _____ |

What is the highest grade you finished?

- | | | |
|--|---|---|
| <input type="checkbox"/> 8 th grade or less | <input type="checkbox"/> Technical school | <input type="checkbox"/> Graduate school |
| <input type="checkbox"/> Some high school | <input type="checkbox"/> Some college | <input type="checkbox"/> Doctorate |
| <input type="checkbox"/> High school graduate | <input type="checkbox"/> College graduate | <input type="checkbox"/> Other (please specify) _____ |

Your name: _____

Phone #: _____ Your email address: _____

Can we contact you so you can tell us more of your ideas regarding health problems in Nassau and Suffolk counties and what should be done about them?

- Yes No

Email to info@lihc.org or mail to:

Brooke Oliveri, LIHC, 1383 Veterans Memorial Highway, Suite 26, Hauppauge, NY 11788

PREFERRED METHOD OF RETURN IS TO COMPLETE THE SURVEY VIA THIS LINK:

surveymonkey.com/r/CBO2022. Questions: Please call 631-255-5678.